



TOWN OF COLCHESTER

Commission on Aging
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Where Tradition Meets Tomorrow

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TOWN CLERK

Colchester Commission on Aging Meeting Minutes

Monday, July 11, 2016 - Colchester Senior Center

Members Present: Jean Stawicki, Ellie Phillips, Marion Stanavage, Marjorie Mlodzinski, Jennifer Raybern DeHay

Members Absent: Rose Levine, Rob Gustafson, Goldie Liverant

Others Present: Patty Watts, Mary Tomasi, Rosemary Coyle, a Bacon Academy student

- 1. Call Meeting to Order:** J. Stawicki called the meeting to order at 8:33 a.m.
- 2. Possible Seating of Alternate:** J. Stawicki seated J. DeHay in lieu of a Commission absence.
- 3. Minutes:** M. Mlodzinski motioned to accept the June 13, 2016 meeting minutes, with the correction of changing P. White to P. Watts in item numbers 8, 10b and 13. E. Phillips seconded. J. DeHay abstained. All other members present voted in favor. MOTION CARRIED.
- 4. Financial Report:** M. Mlodzinski reported they ran a successful fundraiser at Stop & Shop on July 2nd and raised \$211.07. She met with Maggie Wasicki who related the following: In the Commission on Aging Donations & Grants account, there will be \$963.11 after the Stop & Shop deposit. There is also \$300 in the 2016-2017 town budget available to the Commission on Aging for publication and postage. P. Watts reported the daily transportation collection for June 2016 was \$152.02 and out of town trips was \$139 for a total of \$291.02. The YTD total is \$2,907.49. This is the last month of the fiscal year.
- 5. Chairman's Report:** J. Stawicki reported there will be a Freedom of Information training held in Colchester on 9/26 at 5 pm. E. Phillips stated the next Commission on Aging/Senior Center Round Table Meeting will be on 9/19 at 2 pm at the East Haddam Senior Center. R. Levine entered the meeting at 8:46.
- 6. Senior Center Director's Report:** P. Watts reported that the center received a \$1,000 donation from Dime Bank at their Grand Opening. She attended a very inspirational CASCP annual conference that featured Ashton Applewhite, author of *This Chair Rocks*, and Donna Fedus, from *Borrow My Glasses*, who spoke about compassion fatigue and burnout. She gained excellent information from both sessions and felt it was valuable training. The Senior Center Sub-Committee will begin a Q&A tour of senior housing communities in town to educate citizens about the purchase of the current senior center. The Paint Night fundraiser on June 23rd raised \$360 with 20 participating painters. There will be a fundraiser at Sweet Frog on July 28th to benefit the Making Memories Program which was cut by \$5,000 this year. The 3rd annual Golf Tournament will be held on August 12th and 13th. The 9 hole tickets are available for \$50 and the 18 hole tickets are \$85. Tickets for the Awards Banquet only are \$15. Patty invited the Commission on Aging to donate a raffle basket or prize. Current programming: 5 W's of Hearing loss on 7/7, AARP Smart Driver Course on 7/15, Mystery Trip on 7/20 (sold out), Diabetes Live Well Workshop on 7/20, 5 Steps of Healthy Living Lunch & Learn on 7/21, USO Show & Luncheon on 8/16 and Denim & Diamonds Regional Event at Port 'n Starboard on 9/30. Upcoming Trips: Royal Lipizzaner Horse Show on 8/19 in Woodstock, CT, Lady Kate Cruise and Bye Bye Birdie at The Goodspeed on 8/31 (sold out),

Foxwoods Casino bus share with Hebron on 9/28, Plaza Suite at Newport Playhouse on 10/3, Plymouth Plantation on 11/15, Middlebury Christmas in VT from 12/7-12/9 and Springtime Tulip River Cruise in Europe from 4/6-4/14/17. May meals statistics were: 154 Bistro and special meals served, 92 Community Café meals served and 410 Meals-on-Wheels delivered. June statistics: Attendance: 1,262 over 22 days. Transports in June were 888. At the end of June, there were 955 seniors registered in MySeniorCenter. Annual renewals to MySeniorCenter began in July.

- 7. Status of Strategic Team Planning Meetings:** P. Watts reported that the group put together a report of the 9 senior center visits they conducted. The next meeting is Monday, July 18th, where they will go through and complete it in order to present to the Senior Center Sub-Committee.
- 8. Fundraising:** M. Mlodzinski thanked the members who volunteered at Stop & Shop. The group talked about providing nametags to members so they are easily identifiable. They also discussed selling the car cane. J. Stawicki will research purchasing them at cost to see what the profit would be.
- 9. CoA Projects:**
 - 9a. Senior Resource Guide:** R. Levine had to cut off additions as of June 30th. She will forward to E. Phillips for formatting.
 - 9b. New Project:** E. Phillips reported that Andrea Migliaccio will present "Good Cents" during September's National Senior Center Month. The group discussed presenting a program on balancing out living at home vs. assisted living. R. Levine will report in August on a suggested program for next spring.
- 10. Old Business:** R. Coyle reported that the Senior Center Sub-Committee has planned 2 Q&A sessions to educate the community on the purchase of the senior center. They will be held on Tuesday, July 19th at 3 pm and Tuesday, August 9th at 7 pm. Both will be held at the Colchester Town Hall. The group and the First Selectman will also go to different housing areas in town. The Board of Selectmen will vote to send the purchase proposal to Town Meeting and Referendum on August 18th, the Legal Notice will appear in the Rivereast on August 26th, the Town Meeting will be held on August 31st and the referendum will be held on September 13th. She encouraged citizens to attend one of the sessions to learn why the purchase is important.
- 11. New Business:** M. Mlodzinski proposed that the Commission members make a contribution to the Golf Tournament. The group decided to personally contribute to an Italian themed basket. E. Phillips spoke about filling the current alternate vacancy on the Commission.
- 12. Citizen's Comments:** J. Stawicki thanked the Bacon Academy student for attending the meeting.
- 13. Adjournment:** E. Phillips motioned to adjourn the meeting at 9:53 a.m. J. DeHay seconded the motion. All members present voted in favor. MOTION CARRIED.

Respectfully submitted,


Michelle Komoroski